

Nutrition Facts

Aldo's Chicken Tenders

Amount Per Serving

Calories 433.6

Calories from Fat 216.8

% Daily Value*

Total Fat 24.8g **38%**

Saturated Fat 3.9g **19%**

Trans Fat 0g

Cholesterol 54.2mg **18%**

Sodium 929.1mg **39%**

Total Carbohydrates 29.4g **10%**

Dietary Fiber 1.6g **6%**

Sugars 0g

Protein 24.8g

Vitamin A **0%**

Vitamin C **0%**

Calcium **0%**

Iron **9%**

Percent Daily Values are based on a 2000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.