

# Nutrition Facts

Aldo's Fresh Cut Fries - Large

## Amount Per Serving

**Calories** 230.4

Calories from Fat 2.9

## % Daily Value\*

**Total Fat** 0.2g **0%**

Saturated Fat 0.1g **0%**

*Trans* Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 49.2mg **2%**

**Total Carbohydrates** 52.7g **18%**

Dietary Fiber 3.8g **15%**

Sugars 1.8g

**Protein** 6.1g

Vitamin A **0%**

Vitamin C **0%**

Calcium **4%**

Iron **14%**

Percent Daily Values are based on a 2000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.