

Nutrition Facts

Aldo's Grilled Chicken Sandwich

Amount Per Serving

Calories 396.2 **Calories from Fat** 166.8

% Daily Value*

Total Fat 18.2g **28%**

Saturated Fat 2.6g **13%**

Trans Fat 0g

Cholesterol 71.2mg **24%**

Sodium 1464.7mg **61%**

Total Carbohydrates 32.2g **11%**

Dietary Fiber 1.5g **6%**

Sugars 6.1g

Protein 26.7g

Vitamin A **0%**

Vitamin C **0%**

Calcium **6%**

Iron **26%**

Percent Daily Values are based on a 2000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.