

# Nutrition Facts

Aldo's Idaho Nachos

## Amount Per Serving

**Calories** 434.8

Calories from Fat 199

## % Daily Value\*

**Total Fat** 22.7g **35%**

Saturated Fat 10g **50%**

*Trans* Fat 0g

**Cholesterol** 37.8mg **13%**

**Sodium** 1275.5mg **53%**

**Total Carbohydrates** 44.5g **15%**

Dietary Fiber 3.1g **12%**

Sugars 4.9g

**Protein** 13g

Vitamin A **1%**

Vitamin C **0%**

Calcium **4%**

Iron **10%**

Percent Daily Values are based on a 2000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.