

Nutrition Facts

Tacos, Beef

Amount Per Serving

Calories 311.3

Calories from Fat 83.7

% Daily Value*

Total Fat 9.8g **15%**

Saturated Fat 3.1g **15%**

Trans Fat 0g

Cholesterol 45.6mg **15%**

Sodium 379.6mg **16%**

Total Carbohydrates 37.1g **12%**

Dietary Fiber 4.2g **17%**

Sugars 1.8g

Protein 20.4g

Vitamin A **0%**

Vitamin C **0%**

Calcium **0%**

Iron **0%**

Percent Daily Values are based on a 2000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.