
Cranberry Chicken Salad Sandwich

Lancer Management

Categories

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Plate

Yield 1 ea

Portion 1 ea

Num Portions 1

Prep

Cook

Finish

Shelf

Nutrition Facts

Serving Size 1 ea

Servings Per Container 1

Amount Per Serving

Calories 503 **Calories From Fat** 202

% Daily Value

Total Fat 22g 34%

Saturated Fat 3g 14%

Trans Fat 0g

Cholesterol 57mg 19%

Sodium 882mg 37%

Total Carbohydrates 58g 19%

Dietary Fiber 3g 12%

Protein 18g

Vitamin A 11% Vitamin C 16%

Calcium 11% Iron 25%

* Percent Daily Values are based on a 2000 calorie diet.

Nutrition Descriptors

High in Iron

High in Protein

Good Source of Vitamin A

Good Source of Vitamin C

Good Source of Calcium

Good Source of Carbohydrates

Good Source of Fiber

Ingredients

focaccia, boneless skinless chicken breasts, Tomato Fresh Slice, mayonnaise, craisins, mesclun, celery, green onion, salt, ground white pepper

Contains: Eggs, Milk, Soy, Wheat