
Seagate Market Turkey

Lancer Management

Categories

Tools

Locations

Plate

			Prep
Yield	1	ea	Cook
Portion	1	ea	Finish
Num Portions	1		Shelf

Nutrition Facts	
Serving Size 1 ea	
Servings Per Container 1	
Amount Per Serving	
Calories 861	Calories From Fat 392
% Daily Value	
Total Fat 44g	65%
Saturated Fat 15g	66%
Trans Fat 1g	
Cholesterol 121mg	40%
Sodium 1212mg	50%
Total Carbohydrates 75g	25%
Dietary Fiber 5g	22%
Protein 41g	
Vitamin A 48%	Vitamin C 15%
Calcium 45%	Iron 33%

* Percent Daily Values are based on a 2000 calorie diet.

Nutrition Descriptors

High in Vitamin A
High in Calcium
High in Iron
High in Carbohydrates
High in Fiber
High in Protein
Good Source of Vitamin C
Good Source of Potassium

Ingredients

Italian bread, smoked turkey, cheese white cheddar, fresh spinach, mayonnaise, dried cranberries, Beyond, roasted garlic, lemon juice, fresh chives, tabasco sauce, ground white pepper, dried parsley

Contains: Eggs, Soy