

Nutrition Facts

Omelet Cheese

Amount Per Serving

Calories 394 **Calories from Fat 312.6**

% Daily Value*

Total Fat 35.5g **55%**

Saturated Fat 13.5g **68%**

Trans Fat 0g

Cholesterol 392.6mg **131%**

Sodium 442.9mg **18%**

Total Carbohydrates 1.9g **1%**

Dietary Fiber 0g **0%**

Sugars 0.9g

Protein 18.2g

Vitamin A **0%**

Vitamin C **0%**

Calcium **0%**

Iron **0%**

Percent Daily Values are based on a 2000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.