

Nutrition Facts

Rice & Beans

Amount Per Serving

Calories 341.7

Calories from Fat 29.2

% Daily Value*

Total Fat 3.2g **5%**

Saturated Fat 0.4g **2%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 663.1mg **28%**

Total Carbohydrates 73.6g **25%**

Dietary Fiber 4.9g **19%**

Sugars 21g

Protein 9.2g

Vitamin A **0%**

Vitamin C **0%**

Calcium **0%**

Iron **0%**

Percent Daily Values are based on a 2000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.