

The Hot Italian
Lancer Management

Categories

Tools

Locations

Plate

| | | | |
|---------------------|-----|----------|---------------|
| Yield | 1 | Sandwich | Prep |
| Portion | 4.5 | oz | Cook |
| Num Portions | 1 | | Finish |
| | | | Shelf |

Nutrition Facts

Serving Size 4.5 oz (128g)
Servings Per Container 1

Amount Per Serving

Calories 473 **Calories From Fat** 271

% Daily Value

| | |
|--------------------------|-----|
| Total Fat 30g | 45% |
| Saturated Fat 12g | 55% |
| Trans Fat 1g | |

Cholesterol 49mg 16%

Sodium 1485mg 62%

Total Carbohydrates 30g 10%

Dietary Fiber 3g 12%

Protein 20g

Vitamin A 17% **Vitamin C** 25%

Calcium 42% **Iron** 19%

* Percent Daily Values are based on a 2000 calorie diet.

Nutrition Descriptors

High in Vitamin C
High in Calcium
High in Protein
Good Source of Vitamin A
Good Source of Iron
Good Source of Carbohydrates
Good Source of Fiber

Ingredients

Tomato Fresh Slice, white bread, provolone cheese, black olives, pepperoncini, pepperoni slices, Genoa salami, Beyond

Contains: Soy, Wheat