

Nutrition Facts

Chai Tea Latte 16oz

Amount Per Serving

Calories 220

Calories from Fat 45

% Daily Value*

Total Fat 5g **8%**

Saturated Fat 3g **15%**

Trans Fat 0g

Cholesterol 20mg **7%**

Sodium 160mg **7%**

Total Carbohydrates 35g **12%**

Dietary Fiber 0g **0%**

Sugars 31g

Protein 8g

Vitamin A **4%**

Vitamin C **0%**

Calcium **0%**

Iron **0%**

Percent Daily Values are based on a 2000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.