

Nutrition Facts

Chicken Parmesan

Amount Per Serving

Calories 566.5

Calories from Fat 329.5

% Daily Value*

Total Fat 38.2g **59%**

Saturated Fat 17.3g **87%**

Trans Fat 0g

Cholesterol 100.7mg **34%**

Sodium 1566.5mg **65%**

Total Carbohydrates 23.5g **8%**

Dietary Fiber 1g **4%**

Sugars 0.2g

Protein 35.2g

Vitamin A **0%**

Vitamin C **0%**

Calcium **1%**

Iron **6%**

Percent Daily Values are based on a 2000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.