

Nutrition Facts

Steamer 16oz

Amount Per Serving

Calories 317.5

Calories from Fat 78.8

% Daily Value*

Total Fat 8.8g **13%**

Saturated Fat 5.3g **26%**

Trans Fat 0g

Cholesterol 35mg **12%**

Sodium 227.5mg **9%**

Total Carbohydrates 45.8g **15%**

Dietary Fiber 0g **0%**

Sugars 44g

Protein 14g

Vitamin A **7%**

Vitamin C **0%**

Calcium **0%**

Iron **0%**

Percent Daily Values are based on a 2000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.