

# Nutrition Facts

Steamer 16oz

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## Amount Per Serving

**Calories** 317.5

Calories from Fat 78.8

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**% Daily Value\***

**Total Fat** 8.8g **13%**

Saturated Fat 5.3g **26%**

*Trans* Fat 0g

**Cholesterol** 35mg **12%**

**Sodium** 227.5mg **9%**

**Total Carbohydrates** 45.8g **15%**

Dietary Fiber 0g **0%**

Sugars 44g

**Protein** 14g

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Vitamin A **7%**

Vitamin C **0%**

Calcium **0%**

Iron **0%**

Percent Daily Values are based on a 2000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.