

# Nutrition Facts

Tabbouleh Plate

## Amount Per Serving

**Calories** 747.4

Calories from Fat 302.9

## % Daily Value\*

**Total Fat** 32.2g **50%**

Saturated Fat 2g **10%**

*Trans* Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 2154.4mg **90%**

**Total Carbohydrates** 103g **34%**

Dietary Fiber 17.4g **69%**

Sugars 16.4g

**Protein** 13.3g

Vitamin A **0%**

Vitamin C **0%**

Calcium **2%**

Iron **3%**

Percent Daily Values are based on a 2000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.